

# ALLERGY AWARENESS FOR SCHOOLS LEVEL 3 (VTQ) - BENDEDICT'S LAW



## INTRODUCTION TO ALLERGY AWARENESS FOR SCHOOLS LEVEL 3

POWERED BY PROTRAININGS

This Allergy Awareness for Schools Level 3 (VTQ)<sup>™</sup> course provides essential training for school staff to understand, manage, and respond to allergies and allergic reactions in an educational setting. The course covers allergy awareness, common allergens, allergen management, preventing cross-contamination, individual healthcare plans, and the recognition and treatment of allergic reactions, including anaphylaxis.

Learners will gain the knowledge and confidence to support pupils with allergies, follow legal responsibilities, and help create a safe, inclusive school environment.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

## QUALIFICATION DELIVERY

**Online Video E-Learning:** Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online Allergy Awareness For Schools Level 3 (VTQ) course is taught over **2 hours and 25 minutes** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

## CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

## LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

VIDEO  
**E-LEARNING**

2 HOURS AND  
25 MINUTES  
ONLINE

SAVE & RETURN  
FEATURE

INTERACTIVE  
VIDEOS

# ALLERGY AWARENESS FOR SCHOOLS LEVEL 3 (VTQ)

## COURSE SUMMARY



### COURSE INTRODUCTION

Why This Training Is Important  
Benedict's Law and The Statutory  
Guidance for Schools  
Staff Responsibilities and Duty Of Care

### FOOD ALLERGENS

Dietary Requirements  
Facts About Food Allergies  
Food Intolerance  
Food Allergies  
Allergic Reactions and Anaphylaxis Treatment  
Gluten Free Foods and Coeliac Disease  
Egg Precautions  
Natural Plant Foods and Allergies  
Notifiable Food Allergens  
Hidden Ingredients  
Oils  
Consequences of Poor Allergen Controls

### ALLERGEN CONTROLS

Allergen Controls  
Cross-Contamination Direct and Indirect  
Preventing Cross-Contamination  
Allergy Management Plans

### ABOUT ANAPHYLAXIS

About Anaphylaxis  
What Is Anaphylaxis  
Living With Anaphylaxis  
Minor Allergic Reactions  
Common Causes Of Allergic Reactions  
Idiopathic Anaphylaxis  
Activating The EMS  
Medical ID Tags For Allergies  
Recognising The Signs Of An Allergic Reaction  
Allergy Triggers In The School Environment

### AUTO INJECTOR TYPES, STORAGE AND DISPOSAL

What Is An Auto-Injector?  
EpiPen®  
Jext®  
Live Auto Injectors  
Anaphylaxis Kit Contents  
Auto Injector Demonstration  
Storage And Disposal  
Storage Of Auto Injectors - Pharmacist Comments  
Who Prescribes Auto Injectors?  
Checking Auto Injector And Expiry Dates  
Adrenaline Nasal Spray For Anaphylaxis  
Where Adrenaline Medications Are Stored  
EUREKA Auto-Injector Kit  
Locating Spare Auto-Injectors

### SIGNS, SYMPTOMS AND TREATMENT

Signs and Symptoms Of Anaphylaxis  
Basic First Aid Advice  
Anaphylaxis Patient Position  
Schools And Teachers  
Giving A Second Dose  
Bisphasic Anaphylactic Response  
Dizziness and Shortness of Breath In Anaphylaxis  
Immunotherapy Drugs  
Teenagers And Hypersensitivity  
What Other Staff Should Do  
Auto-Injector Scenario  
After The Incident

### MANAGING ALLERGIES

Managing Allergies On School Trips  
Allergy Safety In Clubs And Activities  
Allergy Bullying and Safeguarding  
Communicating With Parents

### COURSE SUMMARY

Practice And Keeping Up To Date  
Eureka Direct  
Course Summary

## PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

SAVE AND RETURN FEATURE  
CLOSED CAPTION BUTTON FOR SUBTITLES  
INTERACTIVE VIDEOS  
QUESTION BETWEEN MODULES  
TRANSCRIPT AT THE BOTTOM TO FOLLOW  
COURSE CATEGORY SECTION

PROGRESS BAR  
DOWNLOADABLE CERTIFICATE  
DOWNLOAD CERTIFICATE TO APPLE WALLET  
DIGITAL STUDENT MANUAL  
CPD STATEMENT  
SUITE OF OTHER RESOURCES