



FIRST AID CARE STATION

Response • Airway • Breathing • Circulation

If the injury is not serious or life threatening then you should contact your qualified First Aider to administer treatment.

Step 1

CHECK FOR DANGER

- Make sure it's safe to help



Step 2

CALL 999

- Put phone on speaker
- Follow instructions



Step 3

CHECK RESPONSE

- Are they awake and responding?



Step 4

CHECK AIRWAY AND BREATHING

- Open airway
- Check breathing (max 10 seconds)



Step 5

ACT IMMEDIATELY

- Not breathing – start CPR
- Severe bleeding – apply firm pressure immediately



Step 6

SUPPORT THE CASUALTY

- Recovery position if breathing
- Keep warm and monitor



IMPORTANT! Treat life-threatening problems first.
Stay with casualty until help arrives.

For casualty needing first aid

Eureka! Suppliers of all Your First Aid Needs!
First Aid, Hygiene & Safety

YOUR FIRST AID KIT IS MISSING

Browse our full range and place an order by calling 0800 358 0085 or visiting EurekaDirect.co.uk

Part No.	Product Description	Part No.	Product Description
AEC7300	HSE Compliant First Aid Kit – 1-10 Person	AEC7303	Small BS8599-1 Compliant First Aid Kit
AEC7301	HSE Compliant First Aid Kit – 11-20 Person	AEC7304	Medium BS8599-1 Compliant First Aid Kit
AEC7302	HSE Compliant First Aid Kit – 21-50 Person	AEC7305	Large BS8599-1 Compliant First Aid Kit