

# COSHH LEVEL 2 (VTQ)

Control of Substances Hazardous to Health

PROTRAININGS  
**E-LEARNING**

## INTRODUCTION TO CONTROL OF SUBSTANCES HAZARDOUS TO HEALTH

Training in the Control of Substances Hazardous to Health (COSHH) is an essential competence aimed at preventing injuries and illnesses resulting from exposure to hazardous substances. It is imperative for workplaces to prioritise COSHH training to foster a culture of responsibility among employees when handling chemicals.

This training not only safeguards the health and well-being of personnel but also contributes to the overall safety and compliance of the organisation. Investing in COSHH training ensures that employees are well-prepared to handle hazardous substances safely, mitigating potential risks and promoting a healthy work environment.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

## QUALIFICATION DELIVERY

**Online Video E-Learning:** Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online Control of Substances Hazardous to Health course is taught over **2 hours** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

## CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

## LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

VIDEO  
**E-LEARNING**

2 HOURS  
ONLINE

SAVE & RETURN  
FEATURE

INTERACTIVE  
VIDEOS

# CONTROL OF SUBSTANCES HAZARDOUS TO HEALTH - COSHH LEVEL 2 (VTQ)

## COURSE SUMMARY

PRO/86/COSHH

### COURSE INTRODUCTION

What is a hazardous substance under COSHH  
COSHH risk assessing  
Stages of a COSHH risk assessment  
COSHH risk assessment reviews

### REGULATIONS

COSHH Regulations  
Employee Duties Under COSHH  
Employer Duties Under COSHH  
CLP Regulations  
GHS Regulations  
COSHH Safety Data Sheets  
Control of Major Accidents Hazards Regulations  
Personal Protective Equipment at Work  
Regulations 2022

### TYPES OF HAZARDOUS SUBSTANCES

Categories of Chemical  
Mixing of Chemicals  
Liquids  
Different types of dust  
Biological agents  
Gases and Vapours  
Explosive Material  
Solvents

### HOW CAN YOU BE AFFECTED?

Routes of entry to the body

### COSHH in the office PROTECTION AND ACCIDENTAL EXPOSURE

Hierarchy of Control  
Personal protective equipment (PPE)  
Handling of Chemicals  
COSHH Control Measures  
Accidental Exposure to a Substance under COSHH  
Clean up procedures  
Chemical Spill Kits

Medical and Dental Waste Products  
Emergency Procedures  
COSHH Health Surveillance  
Storage of Chemicals  
Transporting chemicals on commercial vehicles

### WHAT IS NOT COVERED UNDER COSHH

Asbestos and its dangers  
Radioactive substances

### FIRE WARDEN AND FIRE MARSHALS

Fire Warden and Fire Marshals  
The Fire Log Book  
How Fires Spread  
Burns and burn kits  
Fire Injuries  
The Fire Briefing

### RISK ASSESSMENT AND HAZARDS

Fire Risk Assessment

## PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

SAVE AND RETURN FEATURE

PROGRESS BAR

CLOSED CAPTION BUTTON FOR SUBTITLES

DOWNLOADABLE CERTIFICATE

INTERACTIVE VIDEOS

DOWNLOAD CERTIFICATE TO APPLE WALLET

QUESTION BETWEEN MODULES

DIGITAL STUDENT MANUAL

TRANSCRIPT AT THE BOTTOM TO FOLLOW

CPD STATEMENT

COURSE CATORGORY SECTION

SUITE OF OTHER RESOURCES