

INTRODUCTION TO AED AND THE VIVEST X1 AND X3

POWERED BY PROTRAININGS

The online course will delve into the essential principles of operating an AED unit during a sudden cardiac arrest and will provide an overview of the Vivest AED unit, utilised by some first aiders and responders. Additionally, participants will receive guidance on first aid protocols and CPR techniques to enhance their emergency response skills.

Incorporating comprehensive knowledge of AED usage, particularly regarding the Vivest AED unit, along with fundamental first aid guidelines and CPR training, this online course equips participants with essential life-saving skills for effectively responding to cardiac emergencies.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

QUALIFICATION DELIVERY

Online Video E-Learning: Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online AED and the Vivest X1 and X3 (VTQ) course is taught over **1 hour and 40 minutes** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

**VIDEO
E-LEARNING**

1 HOUR & 40
MINUTES
ONLINE

SAVE & RETURN
FEATURE

INTERACTIVE
VIDEOS

AED AND THE VIVEST X1 AND X3 (VTQ)

COURSE SUMMARY

PRO/VVAED



INITIAL INTRODUCTION TO FIRST AID

Calling the Emergency Services
What3Words - location app
Waiting for the E.M.S to arrive
Chain of Survival
DR ABC and the ABCD'S
Using gloves
Initial Assessment and Recovery Position

CARDIAC ARREST AND CPR

When to call for assistance
Adult CPR
CPR Hand Over
Compressions Only CPR Child
CPR
Child CPR Breakdown
Bag Valve Masks
Effective CPR
Improving compressions
Improving breaths
Seizures and Cardiac Arrest

HOW TO USE AN AED

Vivest AED Introduction
The History of the AED Unit
Real World AED Use
AED Prep Kit
AED maintenance
AED Locations Community
AED Units Vivest AED
Trainers Vivest X1
Vivest X3
Vivest AEDs and children
Vivest AED Overview Vivest
X1 demonstration Vivest x3
demonstration Vivest
Scenario

PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

SAVE AND RETURN FEATURE

CLOSED CAPTION BUTTON FOR SUBTITLES

INTERACTIVE VIDEOS

QUESTION BETWEEN MODULES

TRANSCRIPT AT THE BOTTOM TO FOLLOW

COURSE CATEGORGY SECTION

PROGRESS BAR

DOWNLOADABLE CERTIFICATE

DOWNLOAD CERTIFICATE TO APPLE WALLET

DIGITAL STUDENT MANUAL

CPD STATEMENT

SUITE OF OTHER RESOURCES