

# CPR/BLS AND AED FOR HEALTHCARE PROFESSIONALS LEVEL 2 (VTQ)



## INTRODUCTION TO CPR/BLS AND AED FOR HEALTHCARE PROFESSIONALS (VTQ)

POWERED BY PROTRAININGS

This course covers Basic Life Support skills and includes skills for Adult, Child and Infant as well as healthcare variations on infant CPR. The course includes Safety, precautions, initial assessment, recovery position, CPR, compression-only CPR, CPR handover and choking. This is ideal for nurses, care workers or medical professionals needing annual updates to complete professional membership.

AED training is also included in the course. Learning AED skills is becoming more important with the increase in the numbers of units in the community and workplace. They are easy to use with a little training and make a real difference in the chance of survival to someone in cardiac arrest.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

## QUALIFICATION DELIVERY

**Online Video E-Learning:** Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online CPR/BLS and AED for Healthcare Professionals Level 2 (VTQ) course is taught over **2 hours and 52 minutes** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

## CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

## LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

VIDEO  
**E-LEARNING**

2 HOURS AND  
52 MINUTES  
ONLINE

SAVE & RETURN  
FEATURE

INTERACTIVE  
VIDEOS

# CPR/BLS AND AED FOR HEALTHCARE PROFESSIONALS LEVEL 2 (VTQ) COURSE SUMMARY PRO/BLSAEDHC



## INTRODUCTION AND INITIAL CARE

- Universal Precautions
- Chain of Survival
- ABCDE Approach
- Respiration and Breathing
- Pulse Points
- Initial Assessment
- Recovery Position
- Infant Recovery Position

## CHOKING MANAGEMENT

- Choking Recognition
- Adult Choking
- Choking in Children
- Infant Choking

## HOW TO USE AN AED

- AED Introduction
- Types of AED Units
- AED Setup
- How to Use an AED
- Child AED
- Using an AED on an Infant
- Update on AED Pad Placement
- AED Maintenance
- AED Pads and Batteries
- AED Troubleshooting
- AED Locations
- Community AED Units
- After You Have Used an AED

## CARDIAC ARREST AND CPR

- RCUK & ERC Resus Guidelines
- When to Call for Assistance
- Heart Attack
- Adult CPR
- Effective CPR
- Recognition of Cardio Respiratory Arrest
- Adult CPR Healthcare Professionals
- Bag Valve Masks
- CPR Handover
- Compression only CPR
- CPR and The Female Casualty
- Improving Compressions
- Improving Breaths
- Seizures and Cardiac Arrest
- Drowning
- Adolescent CPR
- Child CPR
- Infant CPR
- Thumb Use Infant CPR
- Newborn CPR
- Oxygen for First Aid
- Advanced Decision and DNR CPR
- AED Introduction
- Child AED
- Infant AED
- Adolescent AED

## PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

- SAVE AND RETURN FEATURE
- CLOSED CAPTION BUTTON FOR SUBTITLES
- INTERACTIVE VIDEOS
- QUESTION BETWEEN MODULES
- TRANSCRIPT AT THE BOTTOM TO FOLLOW
- COURSE CATEGORY SECTION

- PROGRESS BAR
- DOWNLOADABLE CERTIFICATE
- DOWNLOAD CERTIFICATE TO APPLE WALLET
- DIGITAL STUDENT MANUAL
- CPD STATEMENT
- SUITE OF OTHER RESOURCES