

CPR/BLS FOR HEALTHCARE PROFESSIONALS LEVEL 2 (VTQ) Refresher



INTRODUCTION TO CPR/BLS FOR HEALTHCARE PROFESSIONALS (VTQ) Refresher

POWERED BY PROTRAININGS

This course provides essential basic life support (BLS) skills, including techniques for adults, children, and infants, as well as healthcare-specific variations for infant CPR. It covers critical topics such as safety precautions, initial assessment, recovery position, CPR, compression-only CPR, CPR handover, and managing choking incidents. The course aligns with the latest European Resuscitation Council (ERC) and UK Resuscitation Council Guidelines and is designed for Healthcare Professionals with a duty to respond.

This version is intended for learners who have previously completed BLS training and require a skills refresher every six months.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

QUALIFICATION DELIVERY

Online Video E-learning: Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online CPR/BLS for Healthcare Professionals Level 2 (VTQ) Annual Refresher course is taught over **1 hour and 22 minutes** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

VIDEO
E-LEARNING

1 HOUR AND
22 MINUTES
ONLINE

SAVE & RETURN
FEATURE

INTERACTIVE
VIDEOS

**CPR/BLS FOR HEALTHCARE
PROFESSIONALS LEVEL 2 (VTQ) Refresher
COURSE SUMMARY**
PRO/BLSHCR



INTRODUCTION

Universal Precautions
ABCDE Approach
Respiration and Breathing
Pulse Points
Initial Assessment
Recovery Position
Infant Recovery Position

CARDIAC ARREST AND CPR

When to Call for Assistance
Effective CPR
Recognition of Cardio Respiratory Arrest
Adult CPR Healthcare Professionals
Adult CPR
Bag Valve Masks
CPR Handover
Compression Only CPR
Improving Breaths
Advanced Decision and DNR CPR
Child CPR
Infant CPR
Improving Compressions

CHOKING MANAGEMENT

Choking Recognition
Adult Choking
Choking in Children
Infant Choking

PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

SAVE AND RETURN FEATURE
CLOSED CAPTION BUTTON FOR SUBTITLES
INTERACTIVE VIDEOS
QUESTION BETWEEN MODULES
TRANSCRIPT AT THE BOTTOM TO FOLLOW
COURSE CATEGORY SECTION

PROGRESS BAR
DOWNLOADABLE CERTIFICATE
DOWNLOAD CERTIFICATE TO APPLE WALLET
DIGITAL STUDENT MANUAL
CPD STATEMENT
SUITE OF OTHER RESOURCES