



Immediate Life Support (ILS) – (VTQ)

QUALIFICATION SPECIFICATION

QUALIFICATION NUMBER: PRO/159/ILS

This Qualification is Endorsed by an Awarding Organisation Regulated by Ofqual



Endorsed, CPD Certified and ISO Standards

All ProTrainings classroom and online qualifications are endorsed through an Awarding Organisation Regulated by Ofqual, through the Skills for Care Scheme with the highest level of recognition and are approved through the CPD Standards services for CPD certification.

ProTrainings: Additional quality at an affordable price.



This is the highest standard of recognised endorsement and only organisations who have a proven history of continued success in making a difference in the training industry can be awarded the Centre of Excellence endorsement. ProTrainings proudly announce that we have received this endorsement for continuous professional training delivery.

As a recognised Skills for Care provider who is already endorsed for delivering training through digital e-learning, classroom and blended formats, this enhanced Centre of Excellence endorsement will take our credibility and quality of training to an advanced state of recognition. But what does this new Centre of Excellence endorsement mean?

The Centre of Excellence status means that we have been able to consistently demonstrate exemplary commitment to meeting the needs of learners in the adult social care sector. This meant we needed to comply with the social model of care and be able to measure the impact of provision on the lives of people who use these services.

We embarked on this provision to prove how consistent ProTrainings services are, to test whether we are meeting a high standard, to evolve, adapt and improve our provision and to place ourselves amongst a small selection of companies who are a Skills for Care Centre of Excellence.

Gaining this accolade has resulted in receiving a designation as a 'Centre of Excellence in Adult Social Care and Learning and Development' and we do not plan on stopping our standards here. We will continue to offer the finest services so that

ProTrainings Europe Limited

Specification Overview



Introduction

Qualifications Specifications

Introduction to Immediate Life Support (VTQ)

Qualification Delivery

Entry Requirements

Progression

Requirements to teach Immediate Life Support (VTQ)

Certification

Learner Access

Complaints

Course Summary

Learning Outcomes

Useful Websites

Introduction

Welcome to **ProTrainings Europe Limited**.

ProTrainings EU is a certifying organisation recognised for providing training and qualifications in England, UK and across the globe.

ProTrainings EU offer qualifications designed in-house and qualifications which are regulated by Ofqual through TQUK and FutureQuals. Our qualifications are carefully designed to meet industry standards and regulatory requirements giving every learner or user confidence that training meets HSE, Ofqual, UK & EU Resuscitation Council, Skills for Health, Ofsted and Skills for Care training standards.

Our unique approach to training delivery is designed to accommodate learning styles in all their forms, including online, classroom and blended formats. Our variety of delivery methods have been a preferred choice for many learners who require training through general interest and as part of their profession. Our training has been comprehensively designed to meet standards that fall within the boundaries of qualifications overseen by awarding organisations.

ProTrainings high standards include a robust training approach that meets strict specifications, quality assurance requirements and qualification standards. As a result of implementing a comprehensive quality assurance process, ProTrainings online and classroom courses have been CPD certified, endorsed through The Skills for Care Scheme (ProTrainings being the first organisation gaining approval for classroom and online training in the United Kingdom) and we have surpassed an external audit by being approved for ISO45001 : 2018 and ISO9001 : 2015 for maintaining high organisational standards.

Our qualifications are designed to support and encourage learners to develop their knowledge and skills. This development may result in progression into employment or career development in the workplace. Our qualifications also allow learners to progress onto further qualifications.

For more information please visit www.ProTrainings.uk for news, updates and information on a variety of qualifications spanning into the Health & Safety industry, First Aid world, Pet First Aid environment and Health & Social Care sector.

Qualifications Specifications

ProTrainings EU offer policies and guidelines for centres, organisations and individuals through this specification. Information in this specification will include the course curriculum, learning outcomes, units and general guidelines on how the course is delivered.

We aim to support our centres by providing guidance in this specification for a better understanding on how our courses are delivered and processed.

Our specifications document can be accessed on our website at www.ProTrainings.uk along with other specifications for respective qualifications listed under each sub-heading.

For more information please use our online chat service or contact our office on 01206 805 359. Alternatively, please email our support department at support@protrainings.uk or compliance department at compliance@protrainings.uk.

Introduction to Immediate Life Support (VTQ)

This course is designed to meet UK Resuscitation Council guidelines and is suitable for healthcare providers, dentist, doctors, nurses, medical students, nursing students, midwives and ambulance technicians. This course is certified by ProTrainings.

The aim is to train healthcare personnel in cardiopulmonary resuscitation, simple airway management and safe defibrillation (manual and/or AED), enabling them to manage patients in cardiac arrest until the arrival of a cardiac arrest team and to participate as members of that team. The course is run over one day and consists of lectures and practical sessions.

This course is designed to meet the UK and European Resuscitation Council Guidelines 2015 as per the resuscitation requirements.

We are soon launching an online Immediate Life Support (ILS) course, a blended option and an Advanced Life Support course that will be available as blended and classroom training too.

Qualification Delivery

Guided Learning Hours (GLH): These hours are made up of real-time contact time, guidance or supervision of a learner by an instructor, supervisor, tutor or trainer.

GLH for this qualification is 6

Total Qualification Time (TQT): This is an estimate of the total length of time it is expected that a learner will typically take to achieve and demonstrate the level of attainment necessary for the award of the qualification i.e. to achieve all learning outcomes.

TQT for this qualification is 8

Our Immediate Life Support (VTQ) course is taught over one day and will include practical and theoretical assessments.

Entry Requirements

There are no specific entry requirements however, learners should have a minimum of Level 2 in literacy, numeracy or equivalent. This qualification is suitable for learners aged 14 years and above.

Progression

Successful learners can progress to other qualifications such as:

- CPR / BLS and AED Level 2 for Healthcare Professionals (VTQ)
- Appointed Person in the Workplace (VTQ)
- Emergency First Aid at Work Level 3 (VTQ)
- First Aid at Work Level 3 (VTQ)
- BTEC Level 4 Certificate for First Person on Scene (RQF) – FPOS

Requirements to teach Immediate Life Support (VTQ)

Approval to deliver this course is sanctioned by ProTrainings Europe Limited only.

Instructors must hold the relevant qualifications, experience and occupational competence to qualify for approval. A detailed portfolio providing descriptive dates, CPD log and meeting/passing IQA reviews is required for approval. Supporting evidence which clearly outlines where instructors qualify to teach this course must be emailed to our compliance manager at compliance@protrainings.uk. Additionally, requirements to complete ITG instructor training is mandatory.

Certification

This qualification is overseen by our compliance department and all courses undergo a robust internal quality assurance review prior to certification.

A desktop-review and site visit will form part of our evaluation.

Paperwork should be marked and assessed by the approved instructor/centre and uploaded to our online management suite following successful completion of the course. Courses should be passed within 5 working days after the course has been taught.

Learner Access

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

Complaints

Scope of Complaints Procedure: The procedure deals with complaints arising from:

- Delivery (or lack of delivery) of services for education and training including teaching, course content, tutoring, assessment, feedback on progress and learner support during learning programmes
- Incorrect or misleading information about services provided by the Centre
- Delivery (or lack of delivery) of support services provided by the Centre including administration of fees, enrolment processes, Centre accommodation, health and safety and learner resource services
- Unacceptable actions or behaviour by Centre staff and/or other learners in the Centre

How to complain

Complaints should initially be made in writing to the Head of Centre or to your designated tutor. This can be completed using your student login for www.ProTrainings.uk

Support can be made available for all those involved in a complaint including:

- Representation: parent, guardian, friend or supporter
- Help with completing the written complaint
- Induction will provide further details regarding this process

Immediate Life Support (VTQ)

PRO/159/ILS

Course Overview

- Understand basic life support requirements
- Be able to demonstrate basic life support techniques and automated external defibrillator use in line with current national guidelines
- Be able to demonstrate post-resuscitation procedures
- Be able to carry out basic user maintenance and troubleshoot problems with an automated external defibrillator
- Understand the safe use of an automated external defibrillator
- Understand medical emergencies



Learning Outcomes - PRO/159/ILS

These learning outcomes are mapped to meet an Immediate Life Support (VTQ) qualification.

Each learning outcome presents a knowledge, skill or assessment to help students understand the curriculum in finer detail.

Learning Outcomes (LO)	LO
The learner will:	
UNIT – 1	
Understand basic life support requirements	LO1
Describe the principles that underpin basic life support	1.1
Explain the circumstances under which resuscitation is performed	1.2
Explain why early intervention is necessary	1.3
Describe different types of cardiopulmonary arrest	1.4
Understand what pulse oximetry is and why it is important in assessing a patient	1.5
Explain the ABCDE approach to patient care	1.6
Explain how to check a patients pulse, temperature, blood pressure and other observations.	1.7
Explain what Hypoxia is and how it affects the patient	1.8
Explain the difference between heart attack, angina and sudden cardiac arrest	1.9
Be able to demonstrate basic life support techniques and automated external defibrillator use in line with current national guidelines	LO2
Demonstrate cardiopulmonary resuscitation	2.1
Demonstrate compression only resuscitation	2.2
Demonstrate the use of resuscitation barrier devices	2.3
Demonstrate how to manage a choking adult, child and infant	2.4
Demonstrate the use of an automated external defibrillator	2.5
Describe the differences when using an automated external defibrillator on a child and on an adult	2.6
Explain why suction is used to maintain the airway	2.7
Explain how an Oropharyngeal airway is used and why they benefit the airway	2.8
Explain the requirements of a do not resuscitate order	2.9
Demonstrate correct use of a bag valve mask	2.10
Be able to demonstrate post-resuscitation procedures	LO3
Demonstrate how to place a casualty in the recovery position	3.1
Identify the risks when placing a casualty in the recovery position	3.2
Describe handover and reporting procedures	3.3
Explain the correct administration of Oxygen on a patient	3.4
Understand the correct assembly, disassembly and storage of an Oxygen kit.	3.5
Explain the different types of an Oxygen mask and when you would use them	3.6
Be able to carry out basic user maintenance and troubleshoot problems with an automated external defibrillator	LO4
Identify when a defibrillator battery requires changing	4.1
Identify when electrode pads need replacing	4.2
Demonstrate how to troubleshoot problems if the automated external defibrillator does not function correctly	4.3
Understand the safe use of an automated external defibrillator	LO5
Describe the safety considerations when using AEDs	5.1
Understand medical emergencies	LO6
Describe the following medical emergencies and the treatment required: Asthma, Hyperventilation, Anaphylactic shock, Diabetes, Seizures and Epilepsy and Sepsis	6.1

Useful Websites

ProTrainings Europe Limited

www.ProTrainings.uk

Skills for Care

www.skillsforcare.org.uk

Health and Safety Executive

www.hse.gov.uk

The CPD Standards Office

The Resuscitation Council (UK)

www.resus.org.uk

QMS International

www.qmsuk.com

Skills for Health

www.skillsforhealth.org.uk

FOFATO

www.fofato.co.uk

Office of Qualifications and Examinations Regulation

www.ofqual.gov.uk

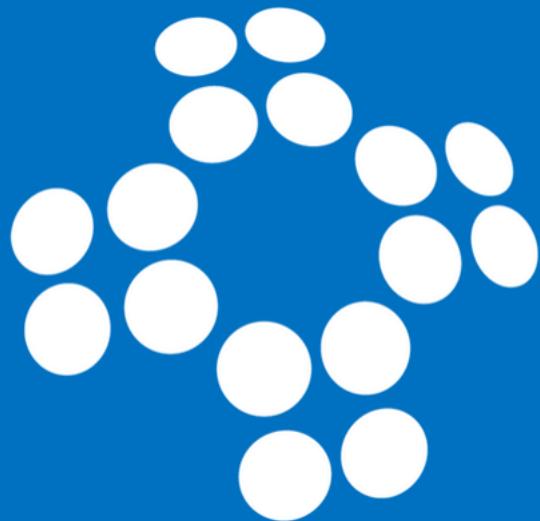
NASDU

www.nasdu.co.uk

Ofsted

TQUK

www.tquk.org



ProTrainings Europe Limited

22 Westside Centre, London Road, Stanway, Colchester CO3 8PH

Telephone: 01206 805 359 / **Email:** info@protrainings.uk

Web: www.protrainings.uk