



**ProTrainings.uk**<sup>®</sup>



# Beauty Therapy First Aid (VTQ)

## QUALIFICATION SPECIFICATION

QUALIFICATION NUMBER: PRO/123/BTFA

*This Qualification is Endorsed by an Awarding Organisation Regulated by Ofqual*



## Endorsed, CPD Certified and ISO Standards

All ProTrainings classroom and online qualifications are endorsed through an Awarding Organisation Regulated by Ofqual, through the Skills for Care Scheme with the highest level of recognition and are approved through the CPD Standards services for CPD certification.

ProTrainings: Additional quality at an affordable price.



This is the highest standard of recognised endorsement and only organisations who have a proven history of continued success in making a difference in the training industry can be awarded the Centre of Excellence endorsement. ProTrainings proudly announce that we have received this endorsement for continuous professional training delivery.

As a recognised Skills for Care provider who is already endorsed for delivering training through digital e-learning, classroom and blended formats, this enhanced Centre of Excellence endorsement will take our credibility and quality of training to an advanced state of recognition. But what does this new Centre of Excellence endorsement mean?

The Centre of Excellence status means that we have been able to consistently demonstrate exemplary commitment to meeting the needs of learners in the adult social care sector. This meant we needed to comply with the social model of care and be able to measure the impact of provision on the lives of people who use these services.

We embarked on this provision to prove how consistent ProTrainings services are, to test whether we are meeting a high standard, to evolve, adapt and improve our provision and to place ourselves amongst a small selection of companies who are a Skills for Care Centre of Excellence.

Gaining this accolade has resulted in receiving a designation as a 'Centre of Excellence in Adult Social Care and Learning and Development' and we do not plan on stopping our standards here. We will continue to offer the finest services so that lives are rewarded through the training and services we provide.

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## Introduction

Welcome to **ProTrainings Europe Limited**.

ProTrainings EU is a certifying organisation recognised for providing training and qualifications in England, UK and across the globe.

ProTrainings EU offer qualifications designed in-house and qualifications which are regulated by Ofqual through TQUK and FutureQuals. Our qualifications are carefully designed to meet industry standards and regulatory requirements giving every learner or user confidence that training meets HSE, Ofqual, UK & EU Resuscitation Council, Skills for Health, Ofsted and Skills for Care training standards.

Our unique approach to training delivery is designed to accommodate learning styles in all their forms, including online, classroom and blended formats. Our variety of delivery methods have been a preferred choice for many learners who require training through general interest and as part of their profession. Our training has been comprehensively designed to meet standards that fall within the boundaries of qualifications overseen by awarding organisations.

ProTrainings high standards include a robust training approach that meets strict specifications, quality assurance requirements and qualification standards. As a result of implementing a comprehensive quality assurance process, ProTrainings online and classroom courses have been CPD certified, endorsed through The Skills for Care Scheme (ProTrainings being the first organisation gaining approval for classroom and online training in the United Kingdom) and we have surpassed an external audit by being approved for ISO45001 : 2018 and ISO9001 : 2015 for maintaining high organisational standards.

Our qualifications are designed to support and encourage learners to develop their knowledge and skills. This development may result in progression into employment or career development in the workplace. Our qualifications also allow learners to progress onto further qualifications.

For more information please visit [www.ProTrainings.uk](http://www.ProTrainings.uk) for news, updates and information on a variety of qualifications spanning into the Health & Safety industry, First Aid world, Pet First Aid environment and Health & Social Care sector.

## Qualifications Specifications

ProTrainings EU offer policies and guidelines for centres, organisations and individuals through this specification. Information in this specification will include the course curriculum, learning outcomes, units and general guidelines on how the course is delivered.

We aim to support our centres by providing guidance in this specification for a better understanding on how our courses are delivered and processed.

Our specifications document can be accessed on our website at [www.ProTrainings.uk](http://www.ProTrainings.uk) along with other specifications for respective qualifications listed under each sub-heading.

For more information please use our online chat service or contact our office on 01206 805 359. Alternatively, please email our support department at [support@protrainings.uk](mailto:support@protrainings.uk) or compliance department at [compliance@protrainings.uk](mailto:compliance@protrainings.uk).

## Introduction to Beauty Therapy First Aid (VTQ)

This course is designed for people involved in the beauty therapy industry who require first aid training. This course is ideal for employees who might come across medical problems that require special attention. This qualification will cover the types of problems you could face as a result of an accidental injury following beauty therapy in the workplace.

We also offer a video online infection Control course for the Beauty Industry and an infection control for a tattoo which is ideal for treatments such as semi-permanent tattoos.

The course is valid for one year, complies with the latest ERC and UK Resuscitation Council Guidelines and can be done 100% online, blended or classroom-based nationally.

All our first aid courses fully meet the UK and European Resuscitation Council Guidelines 2015.

The content of this and all our courses has been independently certified as conforming to universally accepted Continuous Professional Development (CPD) guidelines and come with a Certified CPD Statement as well as a ProTrainings Certificate and for online courses an Evidence-Based Learning statement.

### Qualification Delivery

**Guided Learning Hours (GLH):** These hours are made up of real-time contact time, guidance or supervision of a learner by an instructor, supervisor, tutor or trainer.

GLH for this qualification is 6

**Total Qualification Time (TQT):** This is an estimate of the total length of time it is expected that a learner will typically take to achieve and demonstrate the level of attainment necessary for the award of the qualification i.e. to achieve all learning outcomes.

TQT for this qualification is 7

Our Beauty Therapy First Aid (VTQ) course is taught a day and will include practical and theoretical assessments.

### Entry Requirements

There are no specific entry requirements however, learners should have a minimum of Level 2 in literacy, numeracy or equivalent. This qualification is suitable for learners aged 14 years and above.

### Progression

**Successful learners can progress to other qualifications such as:**

- CPR / BLS and AED Level 2
- Appointed Person in the Workplace
- Emergency First Aid at Work Level 3 (VTQ)
- First Aid at Work Level 3 (VTQ)
- BTEC Level 4 Certificate for First Person on Scene (RQF) – FPOS

## Requirements to teach Beauty Therapy First Aid (VTQ)

Approval to deliver this course is sanctioned by ProTrainings Europe Limited only.

Instructors must hold the relevant qualifications, experience and occupational competence to qualify for approval. A detailed portfolio providing descriptive dates, CPD log and meeting/passing IQA reviews is required for approval.

Supporting evidence which clearly outlines where instructors qualify to teach this course must be emailed to our compliance manager at [compliance@protrainings.uk](mailto:compliance@protrainings.uk).

## Certification

This qualification is overseen by our compliance department and all courses undergo a robust internal quality assurance review prior to certification.

A desktop-review and site visit will form part of our evaluation.

Paperwork should be marked and assessed by the approved instructor/centre and uploaded to our online management suite following successful completion of the course. Courses should be passed within 5 working days after the course has been taught.

## Learner Access

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

**Complaints - Scope of Complaints Procedure:** The procedure deals with complaints arising from:

- Delivery (or lack of delivery) of services for education and training including teaching, course content, tutoring, assessment, feedback on progress and learner support during learning programmes
- Incorrect or misleading information about services provided by the Centre
- Delivery (or lack of delivery) of support services provided by the Centre including administration of fees, enrolment processes, Centre accommodation, health and safety and learner resource services
- Unacceptable actions or behaviour by Centre staff and/or other learners in the Centre

### How to complain

Complaints should initially be made in writing to the Head of Centre or to your designated tutor. This can be completed using your student login for [www.ProTrainings.uk](http://www.ProTrainings.uk)

Support can be made available for all those involved in a complaint including:

- Representation: parent, guardian, friend or supporter
- Help with completing the written complaint
- Induction will provide further details regarding this process.

# Beauty Therapy First Aid (VTQ) - PRO/123/BTFA

## Course Overview

Introduction to Beauty Therapy First Aid	Bleeding Control
The Accident Book	Types of Bleeding
Asking Permission to Help	Serious Bleeding
Scene Safety	Embedded Objects
Chain of Survival	Applying Plasters
DRAB and the ABCD's	Other Types of Injury
Accident Reporting	Minor Injuries
Activating Emergency Medical Services	Injuries
Fears of First Aid	Strains and Sprains (RICE)
Barriers - gloves and face barriers	Eye Injuries
Initial Assessment and airway management	Embedded Objects in the Eye
How to use face shields	Burns and Burns Kits
Hand Washing	Treating a burn
Cardiac Problems	Treating a burn with clingfilm
Stroke	Shock
Heart Attack	Spinal Injury
Heart Attack Position	Illness
Aspirin and the Aspod	Diabetes
Adult CPR Introduction	Allergic Reactions
Adult CPR	Epilepsy
CPR Handover	Asthma
Compressions Only CPR	Electrical Injuries
Introduction to AED's	Dealing with Fainting
Choking Management	Summary
Adult Choking	

# Learning Outcomes - PRO/123/BTFA

These learning outcomes are mapped to meet a Beauty Therapy First Aid (VTQ) qualification.

Each learning outcome presents a knowledge, skill or assessment to help students understand the curriculum in finer detail.

Learning Outcomes (LO)	LO
The learner will:	
UNIT	
<b>Understand the role and responsibilities of a first aider, including legislation.</b>	<b>LO1</b>
Identify the role and responsibilities of a first aider - Health and Safety at work Act, Health and Safety (First Aid) Regulations, Management of Health and Safety at work regulations and Social Security Administration Act	1.1
Describe how to minimise the risk of infection to self and others	1.2
<b>Know how to accurately wash your hands to avoid cross contamination</b>	<b>1.3</b>
Identify the need for establishing consent to provide first aid	1.4
Understand how to complete Accident/incident reports including RIDDOR	1.5
Identify the first aid equipment that should be available in a workplace	1.6
Describe the safe use of first aid equipment	1.7
<b>Be able to assess an incident</b>	<b>LO2</b>
Conduct a scene survey	2.1
Conduct a primary survey of a casualty	2.2
Give examples of when to call for help	2.3
<b>Be able to manage an unresponsive casualty who is breathing normally</b>	<b>LO3</b>
Assess a casualty's level of consciousness	3.1
Open a casualty's airway and check breathing	3.2
Explain why it is important to place an unconscious casualty into the recovery position	3.3
Place an unresponsive casualty in the recovery position	3.4
<b>Be able to recognise and manage Heart attacks and use of an AED</b>	<b>LO4</b>
Understand the chain of survival	4.1
Recognise the approaches of call First and Call Fast	4.2
Demonstrate understanding of the heart, signs and symptoms of a heart attack, treatment of a heart attack and use of an AED	4.3
<b>Be able to manage an unresponsive adult casualty who is not breathing normally</b>	<b>LO5</b>
Recognise the need to commence Cardio Pulmonary Resuscitation	5.1

Demonstrate Cardio Pulmonary Resuscitation using a manikin	5.2
<b>Be able to recognise and assist a casualty who is choking</b>	<b>LO6</b>
Describe how to identify a casualty with a: Partially blocked airway / Completely blocked airway	6.1
Administer first aid to an Adult casualty who is choking	6.2
<b>Be able to provide first aid to a casualty with a burn</b>	<b>LO7</b>
Identify how to administer first aid to a casualty with minor burns and scalds	7.1
Identify how to administer first aid for burns involving: Dry heat - Wet heat - Electricity - Chemicals	7.2
<b>Know how to provide first aid to a casualty with minor or major injuries</b>	<b>LO8</b>
Identify how to administer first aid to a casualty with: • Small cuts • Grazes • Bruises • Small splinters	8.1
Recognise suspected: - Heart Attack - Stroke - Epileptic seizure - Asthma attack - Diabetic emergency	8.2
Identify how to administer first aid to a casualty suffering from: Heart Attack Stroke - Epileptic seizure - Asthma attack - Diabetic emergency	8.3
<b>Know how to provide first aid to a casualty with an eye injury</b>	<b>LO9</b>
Identify how to administer first aid for eye injuries involving: - Dust - Chemicals - Embedded objects	9.1
<b>Be able to provide first aid to a casualty with suspected head and spinal injuries</b>	<b>LO10</b>
Recognise a suspected: - Head injury - Spinal injury	10.1
Identify how to administer first aid for a suspected head injury	10.2
Demonstrate how to administer first aid for a suspected spinal injury	10.3
<b>Be able to provide first aid to a casualty with external bleeding</b>	<b>LO11</b>
Identify the severity of external bleeding	11.1
Demonstrate control of external bleeding	11.2
<b>Know how to provide first aid to a casualty who is in shock</b>	<b>LO12</b>
Recognise a casualty who is suffering from shock (Hypovolaemic)	12.1
Identify how to administer first aid to a casualty who is suffering from shock	12.2
<b>Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints</b>	<b>LO13</b>
Recognise suspected: - Fractures and dislocations - Sprains and strains	13.1
Identify how to administer first aid for: Fractures and dislocations - Sprains and strains	13.2
Demonstrate how to apply: a support sling - an elevated sling	13.3
<b>Know how to provide first aid to a casualty with anaphylaxis</b>	<b>LO14</b>
Identify common triggers for anaphylaxis	14.1
Recognise suspected anaphylaxis	14.2
Identify how to administer first aid for a casualty suffering from anaphylaxis	14.3

# Useful Websites

**ProTrainings Europe Limited**

[www.ProTrainings.uk](http://www.ProTrainings.uk)

**Health and Safety Executive**

[www.hse.gov.uk](http://www.hse.gov.uk)

**The Resuscitation Council (UK)**

[www.resus.org.uk](http://www.resus.org.uk)

**Skills for Health**

[www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk)

**Office of Qualifications and Examinations Regulation**

[www.ofqual.gov.uk](http://www.ofqual.gov.uk)

**Ofsted**

[www.gov.uk/ofsted](http://www.gov.uk/ofsted)

**Skills for Care**

[www.skillsforcare.org.uk](http://www.skillsforcare.org.uk)

**The CPD Standards Office**

[www.cpdstandards.com](http://www.cpdstandards.com)

**QMS International**

[www.qmsuk.com](http://www.qmsuk.com)

**FOFATO**

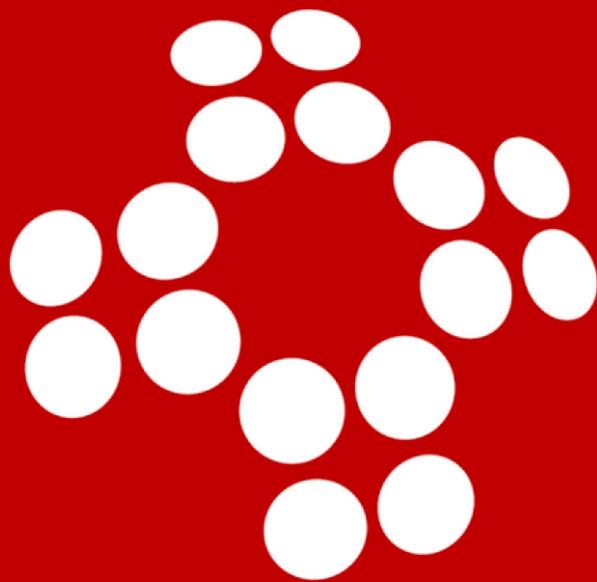
[www.fofato.co.uk](http://www.fofato.co.uk)

**NASDU**

[www.nasdu.co.uk](http://www.nasdu.co.uk)

**TQUK**

[www.tquk.org](http://www.tquk.org)



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