

MARINE FIRST AID LEVEL 1 (VTQ)



INTRODUCTION TO MARINE FIRST AID LEVEL 1 (VTQ)

POWERED BY PROTRAININGS

This Marine First Aid Level 1 online course is designed for boat owners and anyone spending time on the water, providing essential first aid skills for handling emergencies in marine environments. It introduces key concepts such as the importance of first aid on boats, safety procedures, and how to call for help.

Participants learn to conduct a primary survey, perform CPR and use an AED, manage breathing problems, bleeding, wounds, burns, hypothermia, fractures, spinal injuries, and common medical emergencies. The course concludes with a final assessment to review core skills and achieve certification.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

QUALIFICATION DELIVERY

Online Video E-Learning: Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online Marine First Aid Level 1 (VTQ) course is taught over **1 hour and 56 minutes** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

VIDEO
E-LEARNING

1 HOUR AND
56 MINUTES
ONLINE

SAVE & RETURN
FEATURE

INTERACTIVE
VIDEOS

MARINE FIRST AID LEVEL 1 (VTQ)

COURSE SUMMARY

PRO/MAFA1



SAFETY AND CALLING FOR HELP

What3Words - Location App
Common Coastal Water Dangers
Common Fresh Water Marine Dangers
The Coastguard
Boat Safety
Calling for Help

FIRST AID AND SAFETY EQUIPMENT

Boat Safety Equipment
Life Jackets
Pet Life Jackets
First Aid Kits

INITIAL ASSESSMENT AND CARE

Consent
Gloves
Face Shields
Scene Safety
The Recovery Position
CPR AND AED
Three Steps to Save a Life
Adult CPR
Compression Only CPR
CPR for Drowning Casualties
AED Units
AED Pad Placement

CHOKING

Adult Choking

FAINTING AND SHOCK

Fainting
Types of Shock

BLEEDING

The Healing Process
Types of Bleed
Serious Bleeding and Bandaging
Elevation Sling
Minor Injuries
Applying Plasters
Nose Bleeds
Other Types of Injury
Haemostatic Dressing
Commercial Tourniquets
Tourni-KEY

PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

SAVE AND RETURN FEATURE
CLOSED CAPTION BUTTON FOR SUBTITLES
INTERACTIVE VIDEOS
QUESTION BETWEEN MODULES
TRANSCRIPT AT THE BOTTOM TO FOLLOW
COURSE CATEGORY SECTION

PROGRESS BAR
DOWNLOADABLE CERTIFICATE
DOWNLOAD CERTIFICATE TO APPLE WALLET
DIGITAL STUDENT MANUAL
CPD STATEMENT
SUITE OF OTHER RESOURCES