

INTRODUCTION TO MARINE FIRST AID LEVEL 1 (VTQ)

POWERED BY PROTRAININGS

This Marine First Aid Level 1 online course is designed for boat owners and anyone spending time on the water, providing essential first aid skills for handling emergencies in marine environments. It introduces key concepts such as the importance of first aid on boats, safety procedures, and how to call for help.

Participants learn to conduct a primary survey, perform CPR and use an AED, manage breathing problems, bleeding, wounds, burns, hypothermia, fractures, spinal injuries, and common medical emergencies. The course concludes with a final assessment to review core skills and achieve certification.

All our courses, including this one, have received independent certification confirming their alignment with universally accepted Continuous Professional Development (CPD) guidelines. Upon completion, participants receive a Certified CPD Statement, a ProTrainings Certificate, and for online courses, an Evidence-Based Learning statement.

QUALIFICATION DELIVERY

Online Video E-Learning: Contains pre-recorded video neatly collated into a presentable online course that includes a save and return feature, stop and start button, English subtitles and some additional features.

Our online Marine First Aid Level 1 (VTQ) course is taught over **1 hour and 56 minutes** and will include theoretical assessments if you complete the online option and may include practical and theoretical assessments if this is completed in a classroom.

CERTIFICATION

Upon successful completion of the course, all participants will receive an officially verifiable wall certificate. This digital certificate can be conveniently accessed and downloaded at the course's conclusion. It serves as tangible evidence of your achievement, reflecting your dedication and knowledge acquired throughout the course. Display it with pride to showcase your newfound expertise to peers and potential employers, as a testament to your commitment to continuous learning and personal growth.

LEARNER ACCESS

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

**VIDEO
E-LEARNING**

1 HOUR AND
56 MINUTES
ONLINE

SAVE & RETURN
FEATURE

INTERACTIVE
VIDEOS

MARINE FIRST AID LEVEL 1 (VTQ)

COURSE SUMMARY

PRO/MAFA1



SAFETY AND CALLING FOR HELP

What3Words - Location App

Common Coastal Water Dangers

Common Fresh Water Marine Dangers

The Coastguard

Boat Safety

Calling for Help

CHOKING

Adult Choking

Fainting and Shock

Fainting

Types of Shock

BLEEDING

The Healing Process

Types of Bleed

Serious Bleeding and Bandaging

Elevation Sling

Minor Injuries

Applying Plasters

Nose Bleeds

Other Types of Injury

Haemostatic Dressing

Commercial Tourniquets

Tourni-KEY

FIRST AID AND SAFETY EQUIPMENT

Boat Safety Equipment

Life Jackets

Pet Life Jackets

First Aid Kits

INITIAL ASSESSMENT AND CARE

Consent

Gloves

Face Shields

Scene Safety

The Recovery Position

CPR AND AED

Three Steps to Save a Life

Adult CPR

Compression Only CPR

CPR for Drowning Casualties

AED Units

AED Pad Placement

PROTRAININGS VIDEO E-LEARNING CONSISTS OF:

SAVE AND RETURN FEATURE

CLOSED CAPTION BUTTON FOR SUBTITLES

INTERACTIVE VIDEOS

QUESTION BETWEEN MODULES

TRANSCRIPT AT THE BOTTOM TO FOLLOW

COURSE CATORGORY SECTION

PROGRESS BAR

DOWNLOADABLE CERTIFICATE

DOWNLOAD CERTIFICATE TO APPLE WALLET

DIGITAL STUDENT MANUAL

CPD STATEMENT

SUITE OF OTHER RESOURCES