



Asthma Awareness (VTQ)

QUALIFICATION SPECIFICATION

QUALIFICATION NUMBER: PRO/127/AA

This Qualification is CPD Certified



Endorsed, CPD Certified and ISO Standards

All ProTrainings classroom and online qualifications are CPD Certified. We are accredited to ISO 9001, 45001, and 27001, reflecting our commitment to quality, safety, and information security. Our Cyber Essentials certification further enhances our cybersecurity measures.

ProTrainings: Additional quality at an affordable price.



ISO 45001:2018
REGISTERED FIRM

ISO 27001:2022
REGISTERED FIRM

ISO 9001:2015
REGISTERED FIRM



All ProTrainings classroom and online qualifications are CPD Certified, meaning they meet nationally recognised standards for Continuing Professional Development and support individuals in maintaining and enhancing their professional skills.

We are fully accredited to the following standards:

- **ISO 9001 (Quality Management):** Demonstrates our commitment to consistently providing high-quality training services and improving customer satisfaction through robust quality management systems.
- **ISO 45001 (Occupational Health and Safety Management):** Ensures we maintain a safe and healthy environment for our staff, trainers, and learners, with proactive risk management and compliance with health and safety regulations.
- **ISO 27001 (Information Security Management):** Highlights our dedication to protecting personal and sensitive data, ensuring the confidentiality, integrity, and availability of information at all times.

In addition, our Cyber Essentials certification provides an added layer of protection against common cyber threats. It demonstrates that we follow best practice in cybersecurity, giving our clients and partners confidence that their data is handled securely and responsibly.

Together, these certifications reflect our commitment to quality, safety, compliance, and security across all aspects of our operations.

Introduction

Qualifications Specifications

Introduction to Asthma Awareness

Qualification Delivery

Entry Requirements

Progression

Requirements to teach the Asthma Awareness

Certification

Learner Access

Complaints

Course Summary

Learning Outcomes

CPD Certification

Useful Websites

Introduction

Welcome to **ProTrainings Europe Limited**.

ProTrainings EU is a certifying organisation recognised for providing training and qualifications in England, UK and across the globe.

ProTrainings EU offer qualifications designed in-house and qualifications which are regulated by Ofqual through TQUK and FutureQuals. Our qualifications are carefully designed to meet industry standards and regulatory requirements giving every learner or user confidence that training meets HSE, Ofqual, UK & EU Resuscitation Council, Skills for Health, Ofsted and Skills for Care training standards.

Our unique approach to training delivery is designed to accommodate learning styles in all their forms, including online, classroom and blended formats. Our variety of delivery methods have been a preferred choice for many learners who require training through general interest and as part of their profession. Our training has been comprehensively designed to meet standards that fall within the boundaries of qualifications overseen by awarding organisations.

ProTrainings high standards include a robust training approach that meets strict specifications, quality assurance requirements and qualification standards. As a result of implementing a comprehensive quality assurance process, ProTrainings online and classroom courses have been CPD certified, endorsed through The Skills for Care Scheme (ProTrainings being the first organisation gaining approval for classroom and online training in the United Kingdom) and we have surpassed an external audit by being approved for ISO45001 : 2018 and ISO9001 : 2015 for maintaining high organisational standards.

Our qualifications are designed to support and encourage learners to develop their knowledge and skills. This development may result in progression into employment or career development in the workplace. Our qualifications also allow learners to progress onto further qualifications.

For more information please visit www.ProTrainings.uk for news, updates and information on a variety of qualifications spanning into the Health & Safety industry, First Aid world, Pet First Aid environment and Health & Social Care sector.

Qualifications Specifications

ProTrainings EU offer policies and guidelines for centres, organisations and individuals through this specification. Information in this specification will include the course curriculum, learning outcomes, units and general guidelines on how the course is delivered.

We aim to support our centres by providing guidance in this specification for a better understanding on how our courses are delivered and processed.

Our specifications document can be accessed on our website at www.ProTrainings.uk along with other specifications for respective qualifications listed under each sub-heading.

For more information please use our online chat service or contact our office on 01206 805 359. Alternatively, please email our support department at support@protrainings.uk or compliance department at compliance@protrainings.uk.

Introduction to Asthma Awareness

Asthma affects 5.4 million people in the UK which means there are about 1 in 5 households with someone living with this condition and of this 1.1 million are children and 4.3 million are adults. Asthma prevalence is thought to have plateaued since the late 1990s, although the UK still has some of the highest rates in Europe and on average 3 people a day die from asthma. There were 1,143 deaths from asthma in the UK in 2010 (16 of these were children aged 14 and under).

An estimated 75% of hospital admissions for asthma are avoidable and as many as 90% of the deaths from asthma are preventable, so the need for training is important if you are caring for someone with Asthma or if you have the condition yourself.

This ProTrainings Asthma Awareness course is ideal for those who have asthma, family members, friends or work colleagues to gain an understanding on how to support someone with asthma.

The certificate is valid for 3 years and the course contains 2-3 hours of content.

The content of this and all our courses has been independently certified as conforming to universally accepted Continuous Professional Development (CPD) guidelines and come with a Certified CPD Statement as well as a ProTrainings Certificate and for online courses an Evidence-Based Learning statement.

Qualification Delivery

Guided Learning Hours (GLH): These hours are made up of real-time contact time, guidance or supervision of a learner by an instructor, supervisor, tutor or trainer.

GLH for this qualification is 2-3

Total Qualification Time (TQT): This is an estimate of the total length of time it is expected that a learner will typically take to achieve and demonstrate the level of attainment necessary for the award of the qualification i.e. to achieve all learning outcomes.

TQT for this qualification is 4

Our Asthma Awareness course is taught over 2-3 hours of the day and 'may' include practical or theoretical assessments.

Entry Requirements

There are no specific entry requirements however, learners should have a minimum of level 2 in literacy, numeracy or equivalent and must be aged 14 years and above.

Progression

Successful learners can progress to other qualifications such as:

- Care Certificate
- First Aid at Work Level 3 (VTQ)
- First Person of the Scene Level 4 (RQF)

Requirements to teach the Asthma Awareness

Approval to deliver this course is sanctioned by ProTrainings Europe Limited only.

Instructors must hold the relevant qualifications, experience and occupational competence to qualify for approval. A detailed portfolio providing descriptive dates, CPD log and meeting/passing IQA reviews is required for approval.

Supporting evidence which clearly outlines where instructors qualify to teach this course must be emailed to our compliance manager at compliance@protrainings.uk.

Certification

This qualification is overseen by our compliance department and all courses undergo a robust internal quality assurance review prior to certification.

A desktop-review and site visit will form part of our evaluation.

Paperwork should be marked and assessed by the approved instructor/centre and uploaded to our online management suite following successful completion of the course. Courses should be passed within 5 working days after the course has been taught.

Learner Access

ProTrainings offer highly sophisticated and supportive services to successful learners who complete online, classroom and blended training. Our online system offers the learner a uniquely designed portal where there is access to a free student manual, CPD credit statement, evidence-based learning document, optional weekly refresher videos and an area for downloadable content with a cohort of supporting evidence relevant to the qualification the learner completes.

ProTrainings after service adds clarity to teaching, promotes continuous learning and encourages learners to revisit and revise subjects they have been taught.

Complaints - Scope of Complaints Procedure: The procedure deals with complaints arising from:

- Delivery (or lack of delivery) of services for education and training including teaching, course content, tutoring, assessment, feedback on progress and learner support during learning programmes
- Incorrect or misleading information about services provided by the Centre
- Delivery (or lack of delivery) of support services provided by the Centre including administration of fees, enrolment processes, Centre accommodation, health and safety and learner resource services
- Unacceptable actions or behaviour by Centre staff and/or other learners in the Centre

How to complain

Complaints should initially be made in writing to the Head of Centre or to your designated tutor. This can be completed using your student login for www.ProTrainings.uk

Support can be made available for all those involved in a complaint including:

- Representation: parent, guardian, friend or supporter
- Help with completing the written complaint
- Induction will provide further details regarding this process.

Asthma Awareness

PRO/127/AA

Course Summary

- What is Asthma
- Who is affected
- What are the triggers
- Treatment methods
- Delivering medications
- Emergency care
- Reporting and records



Learning Outcomes – PRO/63/50PFA

These learning outcomes are mapped to meet a Asthma Awareness criterion. Each learning outcome presents a knowledge, skill or assessment to help students understand the curriculum in finer detail.

Learning Outcomes (LO) The learner will:	LO
Understanding Asthma	LO1
Identify what asthma is	1.1
Know the difference between a severe and basic asthma attacks	1.2
Be able to understand how many people in the UK are affected by Asthma	LO2
Understand by ratio how many people have asthma in the UK	2.1
Understand what causes Asthma and how it is treated	LO3
Know the science behind what happens when a casualty has an asthma attack	3.1
Identify the signs and symptoms of an asthma attack	3.2
Know common causes and triggers of asthma	3.3
Understand how medication can relieve asthma symptoms	3.4
Identify different types of medications and how they can help	3.5
Be able to provide support to a casualty who is having an Asthma attack	LO4
Know when an asthmatic needs help and how you can support them	4.1
Understand how important it is to contact the emergency services	4.2
Knowing your role in the workplace	LO5
Understanding the importance of reports, policies and procedures	5.1
Identify who needs to be contacted if an employee has an asthma attack	5.2
Know what to record	5.3
Know when to check or ask if the casualty has an asthma card	5.4

Useful Websites

ProTrainings Europe Limited

www.ProTrainings.uk

The Resuscitation Council (UK)

www.resus.org.uk

Health and Safety Executive

www.hse.gov.uk

Skills for Health

www.skillsforhealth.org.uk

FOFATO

www.fofato.co.uk

Office of Qualifications and Examinations Regulation

www.ofqual.gov.uk

NASDU

www.nasdu.co.uk

Ofsted

www.gov.uk/ofsted

TQUK

www.tquk.org

Skills for Care

www.skillsforcare.org.uk

CQC

www.cqc.org.uk



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