

First Aid at Work Annual Refresher (VTQ) Online & Classroom Training Course



**FAW ANNUAL
REFRESHER**

 ProTrainings.uk

The HSE recommend that all first aiders complete an annual first aid refresher course and our online course meets this requirement.

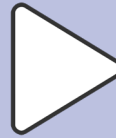
This Course Includes:

- Follows UK & ERC guidelines
- Endorsed by Skills for Care & TQUK
- 4.0 hrs CPD Certificate
- Evidence Based Training Certificate
- Instant printable wall certificate
- 100% online or add a skill session with a certified instructor
- 24/7 on-demand video
- Access on mobile
- Weekly refresher video
- Expiration reminder
- Student manual - English, Spanish, Polish and Arabic

At A Glance



VIDEO PLAYTIME
2 hours and 50 minutes



VIDEO COUNT
51 videos



AUDIO
English



CAPTIONS
English



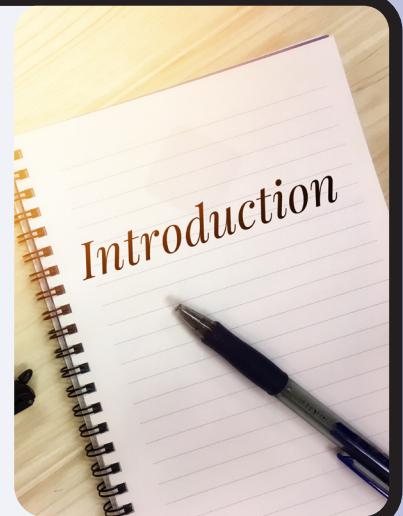
PROOF OF COMPLETION
Certificate

Course Content

Section 1

Initial Introduction to First Aid

- Course Introduction
- Fears of First Aid
- Asking permission and consent to help
- and more...



Section 2

Cardiac Arrest and Heart Conditions

- Adult CPR Introduction
- CPR introduction part 2
- When to call for assistance
- and more...



Section 3

Choking Management

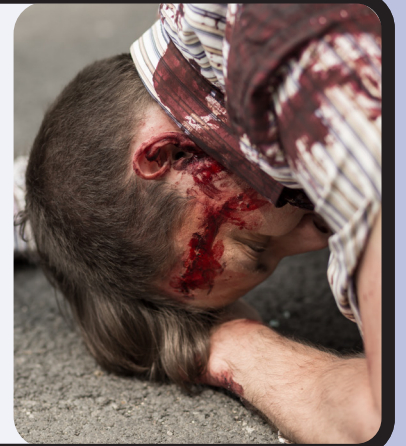
- Choking Recognition
- Adult Choking



Section 4

Bleeding Control

- Types of Bleed
- Serious Bleeding and Bandaging
- Excessive Blood Loss
- and more...



Section 5

Other medical conditions

- Shock
- Dealing with Fainting
- Allergic reactions and Anaphylaxis treatment
- and more...



Section 6

Regulations and Summary

- First Aid At Work Rules and Regulations
- The Accident Book
- RIDDOR and Accident Reporting
- and more...

